



## B.K.S. Iyengar Yoga Leraren opleiding Amsterdam (IYLO) B.K.S. Iyengar Yoga Teacher Training Program

### B.K.S. Iyengar Yoga Institute Amsterdam

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## Inschrijfformulier / overeenkomst Registration form / agreement

\*s.v.p. in BLOKLETTERS invullen  
please use CAPITALS

Familienaam / Surname:

Voornaam / First name

Adres / Address

Postcode / Postal code

Country code

Stad/Citty

Land /Country

Tel. / Ph – mobiel/cell phone

E-mail

Geboorte datum / Date of birth

M  / V  – M  / F

Nationaliteit / Nationality

Burgerlijke staat / Marital status

Opleiding / Education -----  
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Beroep /Profession?



Sinds wanneer beoefen je yoga? / Since when do you practice yoga?

Sinds wanneer beoefen je Iyengar Yoga? / Since when do you practice Iyengar Yoga?

Wie zijn nu je Iyengar Yogaleraren? / Name of your Iyengar Yoga teacher (s)

Hoe regelmatig beoefen je yoga (lessen of zelf oefenen)? / How often do you practice yoga (classes or by yourself)?

Heb je specifieke gezondheid problemen of klachten? Zo ja, welke? Ben je onder doktersbehandeling? Gebruik je medicijnen?  
Do you have specific problems or complaints? If so, please specify? Are you being treated medically?

Beoefen je andere vormen van Hatha Yoga of disciplines op het gebied van persoonlijke ontwikkeling? Zo ja, welke?  
Do you practice other Hatha Yoga methods or disciplines in the field of body/mind consciousness? If so, specify.

Volg je - of heb je - opleidingen op deze gebieden gevolgd? Welke?  
Did - or do you - follow training program (s) in these fields? If so, specify.

Waarom wil je de B.K.S. Iyengar Yoga Lerarenopleiding volgen?  
Explain why you want to do the B.K.S. Iyengar Yoga Teacher Training Program?



## Inschrijfformulier / overeenkomst Registration form / agreement

Ondergetekende schrijft zich hierbij in voor de B.K.S. Iyengar Yogaleraren opleiding voor één studiejaar.

I, the undersigned enrolls for the BKS Iyengar Yoga Teacher Training Program for one study year.

### Selecteer een hokje / Select one:

Programma:  complete year program  
 half program in 8 weekends

Cursusjaar / level  1<sup>e</sup> jaar / 1<sup>st</sup> year  2e jaar / 2<sup>nd</sup> year  3<sup>e</sup> jaar / 3<sup>rd</sup> year

### Betaling/Payment

- complete year program € 1650,00 at registration
- half program, 8 weekends, € 1100 at registration
- complete year program , payment in 3 instalments, € 577,50 each  
(at registration , January, April)
- half program in 8 weekends, payments at 2 installments, € 575,00  
(at registration end January)

**Secretariat B.K.S.Iyengar Yoga Lerarenopleiding Amsterdam**  
**Vasteland 27, 3011 BJ Rotterdam**

**Tel.: 0031 (0)10-404 79 62 Fax: 0031 (0)10-411 61 76 Mail: infoyogastudio.nl**

SNS Bank rek. nummer: **93.00.36.425** t.n.v. IYLO te Amsterdam  
 International Bank Account Number: **NL66 SNSB 0930 036425**  
 Bank Identifier Code: **SNSBNL2A**



**Is** de leerling na het tekenen van deze overeenkomst eenmaal leerling van de BKS Iyengar Yoga Leraren Opleiding dan verplicht zij/hij zich hierbij tot volledige betaling van het lesgeld, ook wanneer zij/hij om welke reden ook besluit te stoppen vervalt deze verplichting niet. Eenmaal betaalde lesgeld worden niet gerestitueerd.

Zou de opleidingsstaf gedurende het studiejaar besluiten dat een leerling de opleiding niet kan voortzetten volgt resitutie van dat deel van het lesgeld waarvoor geen lessen zijn gevolgd.

**Once** the agreement has been signed and the student is enrolled in the program he/she is at all times obliged to pay the full fee even if she/he decides to quit the program for whatever reason. There will be no refunds on paid fees. Would the Staff decide that a student can no longer continue the program there will be a refund of that part of the fee she/he is entitled to.

**De** leerling die aangenomen is voor de BKS Iyengar Yoga Leraren Opleiding gaat een overeenkomst aan voor één studiejaar. Zijn de studieresultaten aan het einde van het 1<sup>ste</sup> jaar voldoende of meer en de leerling wil de opleiding voortzetten dan wordt opnieuw een overeenkomst aangegaan voor één (het 2<sup>e</sup>) studiejaar. Dezelfde procedure vindt plaats na voltooiing van het 2<sup>e</sup> studiejaar.

Tijdens het 3<sup>e</sup> jaar vinden er 2 examens plaats: rond oktober/november het Introductory I en eind juni het Introductory II examen. De examens worden afgenomen door de examencommissie van de BKS Iyengar Yoga Vereniging Nederland.

Uitsluitend met een schriftelijke aanbeveling van de opleidingsstaf kunnen leerlingen meedoen aan de examens.

**Once** a student has been accepted by the BKS Iyengar Yoga Teacher Training Program he/she will sign an agreement for one year. Does the student at the end of the year pass and he wants to continue the program he again will sign an agreement for one (the 2<sup>nd</sup>) year. The same procedure takes place at the end of the 2<sup>nd</sup> year.

There will be 2 assessments during the 3<sup>rd</sup> year: in October / November ( Introductory I ) and by the end of June ( Introductory II ) The assessments are hold by the Assessment Committee of the BKS Iyengar Yoga Association Holland.

For each student a written recommendation from the Teacher Training Staff is mandatory for participating in the exams.

**Door** het tekenen van het Inschrijfformulier/overeenkomst verklaart de deelnemer aan de leraren opleiding op de hoogte te zijn met de “**Ethical Guidelines for Iyengar Yoga teachers**” uit de “**Iyengar Yoga Association Constitution Guide**” en deze te onderschrijven.

By signing the Registration form / agreement the participant in the teacher training program declares to know the “**Ethical Guidelines for Iyengar Yoga teachers**” from the “**Iyengar Yoga Association Guide**” and to acknowledge these.

**Datum/Date:** .....

**Handtekening/Signature:** .....

*Stuur het volledig ingevulde en ondertekende inschrijfformulier naar het onderstaand adres (secretariaat) in Rotterdam. Voeg 3 recente pasfoto's bij. Inschrijving is pas definitief als het cursusgeld (of een derde deel er van) ontvangen is voor aanvang van het studiejaar op het onderstaand rekeningnummer.*

*Send the completed and signed registration form with three recent passport photo's to the address below in Rotterdam. Enrollment is only final when payment has been received before the start of the training program on the account mentioned below*

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# Iyengar Yoga Association Constitution Guide

## ETHICAL GUIDELINES

### FOR IYENGAR YOGA TEACHERS<sup>1</sup>

The Directors of the BKS Iyengar Yoga Association Holland hereby announce, pursuant to Associations Bylaws, the Ethical GUIDELINES for Iyengar Yoga Teachers. The formulation of these guidelines took into consideration the unique position of Iyengar Yoga Teachers. A position unique in that it was at the request of our teacher B.K.S. IYENGAR that the Yamas and Niyamas (in particular Ahimsa, Satya, Asteya, Bramacharya, Aparigraha and Sauca), along with current Dutch and EU Law and social climate, be blended into a set of ethical GUIDELINES that are reasonable and yet set high standards for individual, social and professional conduct binding on all member teachers of the BKS Iyengar Yoga Association Holland

#### **PROFESSIONAL ETHIC OF IYENGAR YOGA TEACHERS**

Iyengar Yoga Teachers are dedicated to maintaining impeccable standards of professional competence and integrity.

- a) Iyengar Yoga Teachers dedicate themselves to studying, teaching, disseminating and promoting the art, science and philosophy of Yoga according to the teachings and philosophy of B.K.S.IYENGAR (*Tapas*)
- b) Iyengar Yoga Teachers seek to remain abreast of and continue their studies of the methods put forth by B.K.S.IYENGAR and family or indirectly by participation in BKS Iyengar Yoga Association Holland activities and study with Iyengar Yoga Teachers certified at a higher level, i.e. the teacher in training should be at least one level below the teacher (*Svadhyaya*).

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<sup>1</sup> Published With Thanks To The B.K.S.Iyengar National Association Of The United States

- c) Iyengar Yoga Teachers endeavor to accurately represent their education, training and experience relevant to their teaching of Iyengar Yoga (*Satya*).
- d) When in an Iyengar classroom situation, Iyengar Yoga Teachers aspire not to mix the teachings of Iyengar Yoga with any other disciplines, e.g. medicine or psychotherapy, unless the teacher is separately qualified and legally licensed so to do (*Aparigraha*).
- e) Iyengar Yoga Teacher strive not to be publicly critical of other Iyengar Yoga Teachers character in their absence or of other systems of Yoga (*Ahimsa*).
- f) Iyengar Yoga Teachers refrain from using the figure and temple trademark design registered with the United States Patent and Trade Mark Department in Mr. Iyengars name. The use of this service mark is reserved for use by non-profit Organizations composed of students and friends of B.K.S.IYENGAR who meet the criteria of 1(a) and are approved for such usage by the Service Mark Committee (*Asteya*).<sup>2</sup>

### **RESPONSIBILITY TO STUDENTS AND COMMUNITY- SOCIAL ETHICS**

Iyengar Yoga Teachers are committed to enhancing the general health and welfare of their students and the community in which they live. This includes respecting the rights and opinions of their students and obeying local laws.

- a) Iyengar Yoga Teachers embrace truthfulness in all dealings with their students and the community (*Satya*).
- b) Iyengar Yoga Teachers welcome all students regardless of race, gender, sexual orientation, financial status, national origin, or physical disability (skill level of teacher permitting) (*Asteya*).
- c) Iyengar Yoga Teachers avoid all forms of sexual harassment of students and are honest in their intimate relationships (*Ahimsa* and *Bramacharya*).
- d) Iyengar Yoga Teachers recognize the power differential between student and teacher and avoid exploiting the trust and potential dependency of such students (*Ahimsa* and *Aparigraha*). In the light of this power differential, Iyengar Yoga Teachers recognize the potential for dual relationships complicating/ comprising the basic student teacher relationship. A dual relationship exists when a student and teacher interact outside context of the student-teacher relationship. Iyengar yoga Teachers are especially vigilant and sensitive to potential complications when the dual relationship is intimate in nature.
- e) When possible, Iyengar yoga Teachers generously assist students in finding another Iyengar teacher when the basic student-teacher relationship is compromised (*Aparigraha*).
- f) Iyengar Yoga Teachers espouse the importance of being earnest and sincere in their efforts to avoid casual teaching (*Tapas*).

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<sup>2</sup> The Service Mark is owned by and licensed from BKS Iyengar, Pune, and administered by the Iyengar Yoga Vereniging Nederland.

### III. PERSONAL RESPONSIBILITY OF IYENGAR YOGA TEACHERS- INDIVIDUAL ETHICS

Iyengar Yoga Teachers earnestly cultivate a level of purity in matters of personal habits and lifestyle (*Sauca*).

- a) Iyengar Yoga Teachers maintain a clean and well-groomed appearance (*Sauca*).
- b) Iyengar Yoga Teachers dress in a modest manner in an Iyengar classroom situation (*Sauca* and *Bramacharya*).
- c) Iyengar Yoga Teachers avoid abuse of substance such as drugs and alcohol (*Sauca*).

### IV. RESPONSIBILITY TO THE [name of your association] ETHICAL GUIDELINES

Iyengar Yoga Teachers find these [name of your association] Ethical guidelines binding by virtue of their membership in the [name of your association].

- a) The [name of your association] Ethical guidelines are not exhaustive. The fact that a given conduct is not specifically addressed by the [name of your association] Ethical Guidelines does not mean that the conduct is necessarily ethical or unethical. Classical codes of conduct should be honoured and adhered to as well as US Law.
- b) Lack of familiarity with or misinterpretation of the [name of your association] Ethical GUIDELINES is not justification for unethical conduct.
- c) Failure to cooperate in an ethics investigation or proceedings is a violation of the [name of your association] Ethical Guidelines.
- d) Iyengar Yoga Teachers who are uncertain as to the meaning or content of the [name of your association] Ethical Guidelines as it relates to a particular situation shall contact the [name of your association] Ethics Committee for clarification before acting.